



European
Knee
Society

European Knee Society

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Bulgarian Orthopedic and Traumatology Association



EDUCATIONAL MEETING

“Partial knee replacement: Where are we now?”

PROGRAM PROPOSAL

February 20, 2021, Novotel Sofia Hotel, Sofia, Bulgaria

07:00 – 08:00 *PARTICIPANTS REGISTRATION*

08:00 – 08:10 OPENING REMARKS AND INTRODUCTION

MODULE 1

Monocompartmental knee arthritis, nonoperative treatment, indications for UKA and patient optimization

Lectures:

- 08:10 - 08:20 Knee: anatomy and biomechanics
- 08:20 - 08:30 Diagnostics in UKA
- 08:30 - 08:40 Nonoperative treatment and patient optimization in knee arthritis
- 08:40 – 08:55 Clinical evaluation and indications for unicompartmental knee arthroplasty
- 08:55 - 09:05 Discussion and closing of module

MODULE 2 (first part)

Unicompartmental knee arthroplasty

Lectures:

- 09:05 - 09:15 Surgical approaches and fixation techniques UNI
- 09:15 - 09:25 Medial unicompartmental knee arthroplasty
- 09:25 - 09:35 Lateral unicompartmental knee arthroplasty
- 09:35 - 09:45 Mobile bearing UNI

09:45 - 10:15 *Coffee break*

MODULE 2 (second part)

Unicompartmental knee arthroplasty

Lectures:

- 10:15 - 10:50 Patellofemoral arthritis (Plenary case-based discussion)
- 10:50 - 11:30 Alternatives to unicompartmental knee arthroplasty (Plenary case-based discussion)
- 11:30 - 12:30 Small group discussion, cases

12:30 - 13:30 *Business lunch / 20 min. presentation of the General sponsor Pfizer*

MODULE 3

Indications for alternative surgical treatment in knee arthritis

Lectures:

- 13:30 - 13:40 HTO: overview of current indications and results
- 13:40 - 13:50 Small implants
- 13:50 - 14:05 Biologic alternatives to unicompartmental knee arthroplasty
- 14:05 - 14:15 Questions and answers

MODULE 4 (first part)

Surgical technique for unicompartmental knee arthroplasty

Lectures:

- 14:15 - 14:25 Performing medial unicompartmental knee arthroplasty – surgical technique
- 14:25 - 14:40 UNI - one-day surgery?
- 14:40 - 14:50 Questions and answers
- 14:50 - 15:00 Implant selection
- 15:00 - 15:10 Knee kinematics: highlights from industry

15:10 - 15:40 *Coffee break*

MODULE 4 (second part)

Surgical technique for unicompartmental knee arthroplasty

Lectures:

- 15:40 - 15:50 Unicompartmental knee arthroplasty: providing evidence from registries
- 15:50 - 15:55 Conversion of unicompartmental knee arthroplasty to total
- 15:55 - 16:05 Questions and answers
- 16:05 - 17:05 Cases

17:05 - 17:15 WRAP-UP AND TAKE-HOME MESSAGES