



On the Cutting Edge: Foot and Ankle Surgery

Sofia, **May 9-11, 2019**, INTER EXPO CENTER



09th May 2019 (Thursday)

14:00 – 19:00 Registration and accommodation

"Vitosha" Conference Hall

16:00 – 17:30 First scientific session

Hallux valgus – Open vs MIS, Revision, Complications

Chairmen: S. Asiov, K. Irgit

16:00 – 16:15 What is new in Hallux valgus open surgery? – Kristian Buedts, Belgium

16:15 – 16:30 What is new in MIS Hallux valgus correction? – Jurij Stalc, Slovenia

16:30 – 16:45 HV – Why I prefer MIS & Percutaneous? – Atanas Katsarov, Bulgaria

16:45 – 17:00 HV – Why I prefer open surgery? – Raytcho Kehayov, Bulgaria

17:00 – 17:30 Discussion

18:00 – 18:30 Opening ceremony

18:30 – 20:00 Second scientific session

Deformities

Chairmen: R. Kehayov, A. Elefhteropoulos

18:30 – 18:45 Safety and risk mitigation in Foot and Ankle surgery – Jurij Stalc, Slovenia

18:45 – 19:00 Modern concept of flat foot reconstruction – Goran Lekic, Serbia

19:00 – 19:15 What is new in TMT 1 Arthrodesis for HV? Evolution of a technique – Kajetan Klos, Germany

19:15 – 19:30 Revision surgery for Hallux valgus – Levon Makinyan, Russia

19:30 – 19:45 Hallux rigidus – Kaan Irgit, Turkey

19:45 – 20:00 Discussion

20:00 Welcome Reception

10th May 2019 (Friday)

08:00 – 09:40 Third scientific session
Imaging & Arthroscopy, OCD
Chairmen: N. Gougoulias, D. Perkovic

08:00 – 08:15 Imaging and Diagnostics – Last trends in Foot and Ankle surgery – Elena Ilieva, Bulgaria

08:15 – 08:30 Ankle arthroscopy – Novelties and Trends – Ivan Vasilev, Bulgaria

08:30 – 08:45 Ankle arthroscopy - Hindfoot endoscopy. How far can I go? – Alexandros Eleftheropoulos, Greece

08:45 – 09:00 OLT – Treatment controversies – Matej Drobnic, Slovenia

09:00 – 09:20 Discussion

09:20 – 09:40 Sponsor's lecture – A & D Pharma – Nurofen medicated plaster - go on without pain – Atanas Katsarov, Bulgaria

09:40 – 10:00 Coffee break and Exhibition

10:00 – 11:45 Fourth scientific session
Ligament injuries, Tendinopathies, Heel pain
Chairmen: M. Drobnic, P. Symeonidis

10:00 – 10:15 Ankle sprain and late problems – Altug Tanriover, Turkey

10:15 – 10:30 Peroneal tendon disorders – Athanasios Badekas, Greece

10:30 – 10:45 Achilles tendinopathy – insertional and non-insertional – Domagoj Perkovic, Croatia

10:45 – 11:00 Achilles tendon Tear-conservative vs Open vs Percutaneous – Andrei Ursache, Romania

11:00 – 11:15 Chronic Achilles tendon rupture – Antonios Pettas, Greece

11:15 – 11:30 Novelties and trends in physiotherapy and rehabilitation of the Foot and Ankle – Lyubomira Sazdova, Bulgaria

11:30 – 11:45 Discussion

11:45 – 12:00 Coffee break and Exhibition

12:00 – 13:00 Fifth scientific session
Ankle Replacement vs Arthrodesis
Chairmen: J. Stalc, A. Badekas

12:00 – 12:15 What is new in ankle replacement surgery? – Matej Drobnic, Slovenia

12:15 – 12:30 What is new regarding ankle arthrodesis? – Nedelcho Tzachev, Bulgaria

12:30 – 12:45 Why I prefer ankle replacement? – Kristian Buedts, Belgium

12:45 – 13:00 Why I prefer arthrodesis? – Nikolaos Gougoulias, Greece

13:00 – 14:00 Lunch break and Exhibition

14:00 – 15:45 Sixth scientific session
Diabetic / Charcot / Cavus / PT / Recon
Chairmen: K. Schara, R. Kastelov

- 14:00 – 14:15 Diabetic foot: Non surgical and surgical off-loading – Karin Schara, Slovenia
14:15 – 14:30 Charcot Foot – Sasho Asiov, Bulgaria
14:30 – 14:45 Cavus - Athanasios Badekas, Greece
14:45 – 15:00 Rheumatoid – Altug Tanriover, Turkey
15:00 – 15:15 Joint preserving operations in deforming arthrosis of the 1-st MTP joint. Technique, indications - Alexey Mazalov, Russia
15:15 – 15:25 Discussion
15:25 – 15:45 Sponsor's lecture – Novo Nordisk - Haemophilic arthropathy and orthopedic surgery - Galya Kondeva, Bulgaria
15:45 – 16:00 Coffee break and Exhibition

16:00 – 17:50 Seventh scientific session
Trauma & Fractures
Chairmen: A. Ursache, N. Tzachev

- 16:00 – 16:15 Talar fractures – Open vs Percutaneous – Florin Safta, Romania
16:15 – 16:30 Pilon fractures – Early vs Delayed treatment – Rumens Kastelov, Bulgaria
16:30 – 16:45 Calcaneal frx – Open vs MIS – Andrei Ursache, Romania
16:45 – 17:00 Lisfranc injuries – Restore or Fuse – Emre Baca, Turkey
17:00 – 17:15 Ankle Fractures. A new manifesto of surgical approach - Alexandros Eleftheropoulos, Greece
17:15 – 17:30 Discussion
17:30 – 17:50 Sponsor's lecture – Scaffdex - RegJoint Implants in Foot Surgery – Matej Drobnic, Slovenia
17:50 – 19:00 BFAS Assembly
20:00 Gala dinner & prize draw for review course & test

11th May 2019 (Saturday)

08:30 – 09:45 Eight scientific session
Surgical techniques
Chairmen: A. Pettas, A. Mazalov

- 08:30 – 08:40 Mini Scarf Osteotomy – Athanasios Badekas, Greece
08:40 – 08:50 Percutaneous Surgery – Forefoot & Hindfoot – Atanas Katsarov, Bulgaria
08:50 – 09:00 Neglected Achilles tendon ruptures – Panagiotis Symeonidis, Greece

09:00 – 09:10 PTT reconstruction with Calcaneal OT and FDL transfer – Altug Tanriover, Turkey

09:10 – 09:20 ORIF posterior malleolus – Nikolaos Gougoulis, Greece

09:20 – 09:30 Arthroscopic surgery – Matej Drobnic, Slovenia

09:30 – 09:45 Discussion

09:45 – 10:00 Coffee break and Exhibition

10:00 – 12:00 Ninth scientific session
What would you do in this scenario?
Chairmen: A. Katsarov, N. Gougoulis

10:00 – 10:15 Case 1 – Kristian Buedts, Belgium

10:15 – 10:30 Case 2 - Nikolaos Gougoulis, Greece

10:30 – 10:45 Case 3 – Matej Drobnic, Slovenia

10:45 – 11:00 Case 4 – Panagiotis Symeonidis, Greece

11:00 – 11:15 Case 5 – Kaan Irgit, Turkey

11:15 – 11:30 Case 6 – Jurij Stalc, Slovenia

11:30 – 11:45 Case 7 – Alexandros Eleftheropoulos, Greece

11:45 – 12:00 Discussion after every case

12:00 – 12:15 Closing speech

12:15 Balkan Federation Assembly

“Musala” Conference Hall

10th May 2019 (Friday)

08:00 – 09:45 Third scientific session
Free Papers – Varia Foot and Ankle
Chairmen: P. Penev, L. Makinyan

08:00 – 08:05 Surgical treatment of posttraumatic osteoarthritis of the metatarso-sesamoidal joint using arthroscopic technique, **Bobrov D. S.**, Lychagin A.V., Amirikah T.M., Rigin N.V.

08:05 – 08:10 Hypermobility of the first tarsometatarsal and intercuneiform 1-2 joints, **Bobrov D. S.**, Lychagin A.V., Sliniakov L.Ju., Rigin N.V., Mo J., Bolshakova D.A.

08:10 – 08:15 Management of oligo dactyly (less rays) of the pediatric foot **Laliotis N.**, Chrysanthou Ch., Konstantinidis P.

08:15 – 08:20 Early results of hemicap toe arthroplasty - First in Balkan region, **Bedencic K.**

08:20 – 08:25 Discussion

08:25 – 08:30 Comparison between single and two screws fixation for chevron osteotomy in MICA procedure, **Merc M.**

08:30 – 08:35 Clinical, Radiological and Patient Reported Outcome of Intra Articular Calcaneus Fracture: Conservative versus Surgical Interventions, **Aslan A.**, Gulcu A.

08:35 – 08:40 Tibiotalar fusion with a biological nail for a nonreconstructable defect of the plafond, **Zlatev B.**, Kyurkchiev B.

08:40 – 08:45 Rare form of primary synovial chondromatosis of the calcaneocuboid joint, **Ivanov I.**, Patrikov K., Slavchev S.

08:45 – 08:50 Discussion

08:50 – 08:55 Scaffold-Based Treatment Results in Arthroscopic Cartilage Repair of the Ankle Osteochondral Lesions, **Yildirim A.**, Ozer M.

08:55 – 09:00 Internal fixation of Lisfranc fracture-dislocations, **Neshev E.**, Georgiev R.

09:00 – 09:05 Custom total talus replacement - case presentation, **Reljic M.**

09:05 – 09:10 Complications of fusion of proximal interphalangeal joint of the foot with a single k-wire fixation, **Ferenaz F.**, Berro K., Stalc J.

09:10 – 09:15 Discussion

09:15 – 09:20 Ponseti treatment for congenital clubfoot - results and analysis, **Todorov, S.**

09:20 – 09:25 Results after operative treatment of calcaneal fractures, **Tanchev P.P.**, Kamenov I. Tsvetanov L., Kinov P.

09:25 – 09:30 The use of fasciocutaneous sural flap for patients with repipheral arterial disease IV grade according to fontaine, **Lafchis A.**, Todorov A., Stokov L., Al-amin M.

09:30 – 09:45 Discussion

09:45 – 10:00 Coffee break and Exhibition

10:00 – 11:45 Fourth scientific session
Pediatric Foot and Ankle
Chairmen: R. Kehayov, A. Katsarov

10:00 – 10:20 PEV – I do Ponseti – Fundamentals – Salih Marangoz, Turkey

10:20 – 10:35 PEV – I do Ponseti – faults, tips & tricks – Dimitar Raykov, Bulgaria

10:35 – 10:50 PEV – I operate – Nikolaos Laliotis, Greece

10:50 – 11:00 PEV – Salvage correction for a postoperative relapsed clubfoot with Ponseti – Ilizarov external fikator – Miroslav Zhivkov, Bulgaria

11:00 – 11:15 Congenital Vertical Talus: Current Concept – Ahmed Dogan, Turkey

11:15 – 11:30 Neuroparalytic pediatric Foot and Ankle – Venelin Aleksiev, Bulgaria

11:30 – 11:45 Discussion

11:45 – 12:00 Coffee break and Exhibition

12:00 – 13:00 Fifth scientific session
Free papers – Varia Foot and Ankle
Chairmen: D. Raykov, K. Klos

12:00 – 12:05 Results of surgical treatment of distal tibia fractures with LCP, **Kamenov I.**, Tanchev P.P., Kinov P.

12:05 – 12:10 Chronic Achilles tendon rupture reconstruction with a endoscopic

flexor hallucis longus transfer: a case report, **Matevz B.**, Bedencic K.

12:10 – 12:15 Experience in the treatment of functional ankle instability, **Ganchev K.**, Penev P., Raykov M., Ivanov St., Burnev M., Rusev M.

12:15 – 12:20 Intraarticular fractures of calcaneus – “gold standard” or minimally invasive techniques, **Penev P.**, Ivanov St., Burnev M.

12:20 – 12:25 Discussion

12:25 – 12:30 Ligamentous Lisfranc injuries. CT study with weightbearing on cadavers, **Penev P.**, Simons P., Qawasmi F., Gueorguiev B., Richards G., Krause F., Knobe M., Klos K.

12:30 – 12:35 Osteoid Osteoma located in the body of the talus : a diagnostic challenge, **Kolev I.**, Andreev A., Stokov L., Velkov V., Kastamanov P.

12:35 – 12:40 Results after percutaneal Achilles suture in long term, **Raykov D.**, Bunev M., Penev P.

12:40 – 12:45 Short-term outcomes after Scarf and Akin osteotomy for treatment of adult hallux valgus deformity, **Matevz B.**, Bedencic K.

12:45 – 12:50 Discussion

12:50 – 12:55 Balance Assesment in athletes in karate with ankle instability, **Taskova V.**

12:55 – 13:00 Discussion

13:00 – 14:00 Lunch break and Exhibition

14:00 – 15:45 Sixth scientific session

Pediatric Foot and Ankle

Chairmen: S. Marangoz, N. Laliotis

14:00 – 14:15 Juvenile Hallux valgus – Aleksander Gerchev, Bulgaria

14:15 – 14:30 Pes planovalgus – Surgical treatment – Ahmet Dogan, Turkey

14:30 – 14:45 Foot and Ankle fractures in children – Atanas Katsarov, Bulgaria

14:45 – 15:00 Foot and Ankle in Cerebral palsy patients – Borut Kovacic, Aljaz Marcun, Slovenia

15:00 – 15:15 Toe walkers – diagnosis of minimal diplegic children and paralytic disorders and appropriate management – Nikolaos Laliotis, Greece

15:15 – 15:30 Tarsal coalitions in pediatric patients – Tanja Slokar, Slovenia

15:30 – 15:45 Discussion

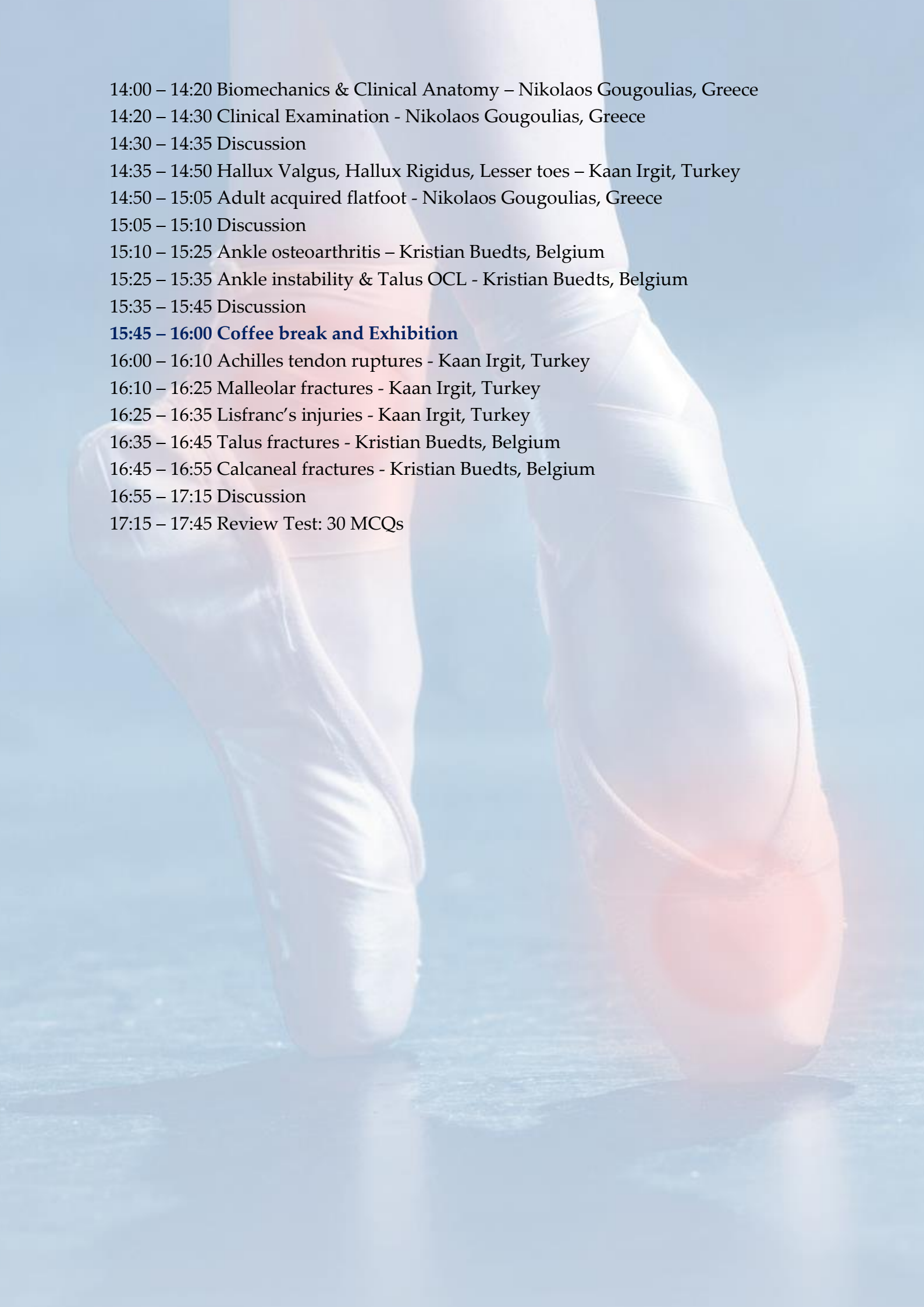
15:45 – 16:00 Coffee break and Exhibition

“Rila” Conference Hall

10th May 2019 (Friday)

14:00 – 17:45 Foot and Ankle Review course & test – Best result at the test – Award – Two volume set textbook “Mann’s surgery of the foot and ankle”

Course lecturers: N. Gougoulas, K. Buedts, K. Irgit



14:00 – 14:20 Biomechanics & Clinical Anatomy – Nikolaos Gougoulas, Greece

14:20 – 14:30 Clinical Examination - Nikolaos Gougoulas, Greece

14:30 – 14:35 Discussion

14:35 – 14:50 Hallux Valgus, Hallux Rigidus, Lesser toes – Kaan Irgit, Turkey

14:50 – 15:05 Adult acquired flatfoot - Nikolaos Gougoulas, Greece

15:05 – 15:10 Discussion

15:10 – 15:25 Ankle osteoarthritis – Kristian Buedts, Belgium

15:25 – 15:35 Ankle instability & Talus OCL - Kristian Buedts, Belgium

15:35 – 15:45 Discussion

15:45 – 16:00 Coffee break and Exhibition

16:00 – 16:10 Achilles tendon ruptures - Kaan Irgit, Turkey

16:10 – 16:25 Malleolar fractures - Kaan Irgit, Turkey

16:25 – 16:35 Lisfranc's injuries - Kaan Irgit, Turkey

16:35 – 16:45 Talus fractures - Kristian Buedts, Belgium

16:45 – 16:55 Calcaneal fractures - Kristian Buedts, Belgium

16:55 – 17:15 Discussion

17:15 – 17:45 Review Test: 30 MCQs